

# A1 DANCE

NATD Stage Branch Tap



Candidates should have a thorough knowledge of all previous grades.

## Preparatory Exercise

- a) Spring Shuffle Ballchange

## Technical Amalgamations

- a) Pull back, double shuffle and pick up change
- b) Pick-up change, pick up on one foot and ripples
- c) Suzie Q
- d) Riffs, Toe and Heel Clips
- e) Wings - 3 and 4 beats OR set exercise

## Rhythm

- a) Change of rhythm &/or accent using a step set by the examiner.
- b) Spontaneous improvisation of steps to a rhythm set by the examiner.

## Arms

- a) An arrangement choreographed by the candidate to any time signature.  
Not to exceed 1 minute (Vocals permitted)

## Time Steps

- a) Wing preparation and 3 beat wing change. Candidates choice to perform 3x 3 beat wings or 3x 3 beat ripples in the break.
- b) 3/4 Time Step using 3 beat Riffs
- c) 3/4 Time Step using pick-up on one foot and 3 beat riffs

## Prepared Dance Arrangements (Vocals Permitted)

- a) Blues 16 bars
- b) Quick Jazz Style 16 bars

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## Amalgamations

Set by the Examiner

## Dance (Vocals Permitted)

## Bow

## Syllabus Steps

Candidates will be asked to demonstrate certain steps from the Tap Glossary and define them. The answers do not have to be an exact repetition of those below, but must convey the same meaning (learning them off by heart [while understanding the meaning] is recommended as it saves confusion).

Alternatively, questions may be asked arising from the definitions: - e.g. Q. Where does the wing action come from in any wing? A. The wing action comes from using the ankles. A candidate may be asked a maximum of three questions in any one examination taken from this grade and the previous Grades.

Candidates should know all the glossary definitions & be able to demonstrate the steps from previous grades with the additions of:

**3 Beat Riff:** Stand on left foot, forward brush RF, heel dig RF followed by a ball beat RF.

**4 Beat Riff** Stand on left foot, forward brush RF, heel brush RF, heel dig RF followed by a ball beat RF.

**3 Beat Ripple:** Stand on one foot, pick-up change preceded by a forward tap.

**4 Beat Ripple:** Stand on one foot, pick-up change preceded by a forward tap & finish with a heel beat. (So, forward tap, pick-up change, heel beat).

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## **Toe Clip:**

Stand with feet slightly apart. Lift the balls of both feet, clip the toes together & finish with ball beat RF & ball beat LF.

## **Heel Clip:**

Stand with feet slightly apart. Lift the heels of both feet, clip the heels together & finish with heel beat RF & heel beat LF.

## **Wing Preparation:**

Stand with feet together; using ankle slide RF out to side by scraping outside edge of foot finishing off the ground; with ball of RF tap ground inwards towards LF finishing with RF beside LF

## **3 Beat Wing:** (from both feet)

Stand with feet together; flex knees; using ankles shoot both feet outward by scraping outside edges of feet finishing off the ground; with balls of the feet tap the ground inwards landing on the balls of both feet.

## **3 Beat Wing:** (from one foot)

Stand on one foot; flex knee; using ankle shoot foot outward by scraping the outside edge of the foot finishing off the ground; with the ball of the foot tap the ground inwards landing on the ball of the same foot.

## **3 Beat Wing:** (changing)

Stand on one foot; flex knee; using ankle shoot foot outward by scraping the outside edge of the foot finishing off the ground; with the ball of the foot tap the ground inwards landing on the ball of the other foot.