

A1 DANCE

NATD Stage Branch Tap

Grade Five



Candidates should have a thorough knowledge of all previous grades.

Preparatory Exercise at the Barre

- a) Wing preparation & 3 beat wings

Arms

A prepared 16 bar phrase of arm movements using pattern & direction & the teacher's own choreography in 3/4 time.

Rhythm

- a) Clap & 1 & a 2 & a 3 4 & 5 & & a 6 & a 7 8
b) Free Tap interpretation of the above rhythm arranged by the teacher

Set Amalgamations

Beginning with –

- | | |
|--|------------------|
| a) Stamp without weight pull back | 3/4 Jazz |
| b) 5 Beat cramp roll tap step heel heel | 4/4 Medium Tempo |
| c) Tap spring toe hop | 4/4 Quick Tempo |
| d) 6 Beat cramp roll, toe clip & heel clip | 4/4 Blues |
| e) 3 Tap springs | 4/4 Bright tempo |

Time Steps

- a) Pick-up Time Steps
b) 3/4 Time Steps
c) 3/4 Time Steps with shuffle pick-up on one foot

Amalgamations

Set by the Examiner

Dance

Bow



Candidates will be asked to demonstrate steps from the Glossary and give their definitions as listed below (learning them off by heart [while understanding the meaning] is recommended as it saves confusion). Each candidate may be asked for a maximum of three definitions. Candidates should know all the glossary definitions & be able to demonstrate the steps from previous grades with the additions of:

- 3 Beat Riff:** Stand on one foot, forward brush, heel dig followed by a ball beat.
- 3 Beat Ripple:** Stand on one foot, pick-up change preceded by a forward tap.
- Toe Clip:** Stand with feet slightly apart. Lift the balls of both feet, clip the toes together & finish with ball beat RF & ball beat LF.
- Heel Clip:** Stand with feet slightly apart. Lift the heels of both feet, clip the heels together & finish with heel beat RF & heel beat LF.
- Wing Preparation:** Stand with feet together; using ankle slide RF out to side by scraping outside edge of foot finishing off the ground; with ball of RF tap ground inwards towards LF finishing with RF beside LF
- 3 Beat Wing:**
(from both feet) Stand with feet together; flex knees; using ankles shoot both feet outward by scraping outside edges of feet finishing off the ground; with balls of the feet tap the ground inwards landing on the balls of both feet.
- 3 Beat Wing:**
(from one foot) Stand on one foot; flex knee; using ankle shoot foot outward by scraping the outside edge of the foot finishing off the ground; with the ball of the foot tap the ground inwards landing on the ball of the same foot.
- 3 Beat Wing:**
(changing) Stand on one foot; flex knee; using ankle shoot foot outward by scraping the outside edge of the foot finishing off the ground; with the ball of the foot tap the ground inwards landing on the ball of the other foot.